

WHAT IS CLAIMED IS:

- 1 1. A golf aid comprising:
2 a first golf glove having a visual alignment feature defining a line beginning
3 substantially at a "V", formed at the intersection of a thumb element and an adjacent
4 index finger element of said first golf glove when a first hand is inserted in said first
5 golf glove, and extending towards a point on a cuff of said first golf glove, wherein
6 said line is substantially aligned with a lengthwise center line of a grip of a golf club
7 when said "V" points to a shoulder of said first hand and said first hand inserted in
8 said first golf glove correctly grips said golf club.

- 1 2. The golf aid of claim 1 further comprising:
2 a first attachment feature on a first glove surface area of said first golf glove;
3 and
4 a second golf glove having a second attachment feature on a second glove
5 surface area, wherein said first attachment feature couples to said second attachment
6 feature when said second hand inserted in said second golf glove overlays said first
7 hand inserted in said first golf glove while gripping a golf club.

- 1 3. The golf aid of claim 1 further comprising:
2 a first attachment feature on a glove surface area above a top of a thumb of a
3 first hand inserted into said first golf glove; and
4 a second golf glove having a second attachment feature on a glove surface
5 area above the palm surface of a second hand inserted into said second golf glove,
6 wherein said first attachment feature couples to and is retained by said second
7 attachment feature when said second hand inserted in said second golf glove overlays
8 said first hand inserted in said first golf glove while gripping a golf club.

1 4. The golf aid of claim 3, wherein said first golf glove has a first location
2 feature on a glove surface area above a palm surface of said first hand inserted into
3 said first golf glove, said first location feature for locating a shaft of said golf club to
4 said palm surface of said first hand when said golfer grips said golf club.

1 5. The golf aid of claim 4, wherein said first golf glove has a third attachment
2 feature on a glove surface area above and adjacent to a top surface of an index finger
3 of said first hand when inserted into said first golf glove.

1 6. The golf aid of claim 5, wherein said second golf glove has a fourth
2 attachment feature on a glove surface area above and adjacent to a palm surface of a
3 little finger of said second hand inserted into said second golf glove.

1 7. The golf aid of claim 6, wherein said third attachment feature couples to and
2 is retained by said fourth attachment feature when said little finger overlays said
3 index finger as said second hand inserted in said second golf glove overlays said first
4 hand inserted in said first golf glove while gripping a golf club.

1 8. The golf aid of claim 3, wherein said first and second attachment features are
2 mating elements selected from a group consisting of a hook and loop attachment
3 system, a magnetic attachment system, or a selective, separable adhesive based
4 attachment system.

1 9. The golf aid of claim 6, wherein said third and fourth attachment features are
2 mating elements selected from a group consisting of a hook and loop attachment
3 system, a magnetic attachment system, or a selective, separable adhesive based
4 attachment system.

- 1 10. The golf aid of claim 4 further comprising a golf club with a modified golf
- 2 grip having a fifth attachment feature for selectively coupling to said first location
- 3 feature to align said first hand inserted in said first golf glove when gripping said
- 4 modified golf grip.

1 11. A method comprising the steps of:

2 inserting a golfer's first hand into a first golf glove having a visual alignment
3 feature, defining a line beginning substantially at a "V", formed at the intersection of
4 a thumb element and an adjacent index finger element of said first golf glove when
5 said first hand is inserted in said first golf glove, and extending towards a point on a
6 cuff of said first golf glove; and

7 placing said first hand inserted in said first golf glove on said golf grip in a
8 proper position using said line; wherein said line is substantially aligned with a
9 lengthwise center line of said grip when said "V" points to a shoulder of said first
10 hand and said first hand inserted in said first golf glove correctly grips said golf club.

1 12. The method of claim 11, wherein said first golf glove further comprises a first
2 attachment feature on a first glove surface area.

1 13. The method of claim 12 further comprising the steps of:

2 inserting said golfer's second hand into a second golf glove having a second
3 attachment feature on a second glove surface area; and

4 placing said second hand inserted in said second golf glove over said first
5 hand inserted in said first golf glove such that said first attachment feature couples to
6 said second attachment while gripping said golf club.

1 14. The method of claim 11, wherein said first golf glove further comprises a first
2 attachment feature on a first glove surface area above a top of a thumb of said first
3 hand inserted in said first golf glove.

1 15. The method of claim 14 further comprising the steps of:

2 inserting said golfer's second hand into a second golf glove having a second
3 attachment feature on a glove surface area above a palm surface of said second hand
4 inserted in said second golf glove;

5 placing said first hand inserted in said first golf glove in a desired position on
6 a grip of a golf club determined by a first location feature on a glove surface area
7 above a palm surface of said first hand inserted into said first golf glove; and

8 placing said second hand inserted in said second golf glove over said first
9 hand inserted in said first golf glove such that said first attachment feature couples to
10 said second attachment while gripping said golf club.

1 16. The method of claim 14, wherein said first golf glove has a third attachment
2 feature on a glove surface area above and adjacent to a top surface of an index finger
3 of said first hand inserted into said first golf glove.

1 17. The method of claim 15, wherein said second golf glove has a fourth
2 attachment feature on a glove surface area above and adjacent to a palm surface of a
3 little finger of said second hand inserted into said second golf glove.

1 18. The method of claim 17 further comprising the step of coupling said third
2 attachment feature to said fourth attachment feature when said little finger overlays
3 said index finger as said second hand inserted in said second golf glove overlays said
4 first hand inserted in said first golf glove while gripping a golf club.

1 19. The method of claim 15, wherein said first and second attachment features are
2 mating elements selected from a group consisting of a hook and loop attachment

3 system, a magnetic attachment system, or a selective, separable adhesive based
4 attachment system.

1 20. The method of claim 17, wherein said third and fourth attachment features are
2 mating elements selected from a group consisting of a hook and loop attachment
3 system, a magnetic attachment system, or a selective, separable adhesive based
4 attachment system.

1 21. The method of claim 15 further comprising the step of swinging said golf club
2 while keeping said first and second attachment features in contact.

1 22. The method of claim 21 further comprising the step of contacting a golf ball
2 with a surface of the head of said golf club during said swinging step.

1 23. The method of claim 18 further comprising the step of swinging said golf club
2 while keeping said first and second attachment features coupled, said third and fourth
3 attachment features coupled, and said first location feature coupled to a fifth
4 attachment feature on a grip of said golf club.

1 24. The method of claim 23 further comprising the step of contacting a golf ball
2 with a surface of the head of said golf club during said swinging step.